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DICKY DICKINSON,
Governour of Scarborough Spaw.

SAMOS unenvy'd boasts her Æsop gone
And FRANCE may glory in her late Scarron
While ENGLAND has a Living Dickinson.

Sold by C. Ward & R. Chandler near Temple Barr; & at their shop in Scarborough.

84567.

A

JOURNEY

FROM

London to SCARBOROUGH,

IN

Several LETTERS from a Gentleman there, to his Friend in *London*.

LETTER I. The Passage to *Scarborough* by Sea. An Account of what is most remarkable in the Way thither by Land, and a Description of the several *Towns, Villages, Gentlemen's Seats, &c.* on the Road, particularly *Edmonton, Cheshunt, Ware, the New-River Head, Puckeridge, Gogmagog-Hills* and *Cambridge*.

LETTER II. *St. Ives, Godmanchester, Huntingdon, Stilton, Burleigh-House and Park, Stamford, Lord Gainsborough's Seat, the Roman Fosseway, Grantham, Lord Tyrconnel's Seat and Park, Ancaster, Lincoln, the Cathedral and Castle.*

LETTER III. *Lincoln-Heath, Spittle, the Wolds of Lincolnshire, Redbourn, Hibberstow, Barton on the Humber, Hull, the Garrison,* &c.

LETTER IV. *Beverley, the Minster; Driffield, Foxhole and Seymore;* thence to *Scarborough*.

LETTER V. SCARBOROUGH, the Description of it towards the Sea, and its lofty Situation; the *Harbour* and Piers; *the Shipping*; great Plenty and Variety of Fish; the *beautiful* Parterre on the Sands; Sports and Exercises there; of the SPAW, the Resort thither of late Years; a humorous Description and Character of *Dicky Dickinson*, Keeper of the Wells; the manner of *Gentlemen* and *Ladies* bathing in the Sea, *Verses on a Lady bathing in the Sea.* The Town and Buildings described, *Lodgings*, and *Provisions*, number of Inhabitants, *Hackney-Chairs. Long-Room*, its pleasant and lofty Situation, *Balls* and *Assemblies*, the Pharo Bank, Billiard-Tables, *&c. The Ordinaries*, and the Custom of them; the *Play-house, Booksellers Shop*, the *Coffee-house*; with an Account of the *various Diversions and agreeable Amusements of the Place.*

WITH

A LIST of the Nobility, Quality, and Gentry at SCARBOROUGH, during the *Spaw* Season, in the Year 1733. Taken from the Subscription-Books at

The Spaw, and The Long-Room, } The Bookfellers Shop, and The Coffee-house.

To which is Annex'd

An ACCOUNT of the Nature and Use of the *Scarborough Spaw-Water*, in a short View of the most Celebrated Writers on that Subject, interspers'd with some Observations and Remarks.

LONDON:

Printed for CÆSAR WARD and RICHARD CHANDLER, at the *Ship* between the *Temple-Gates* in *Fleet-street:*
And sold at their Shop in SCARBOROUGH.

M.DCC.XXXIV.

(Price One Shilling and Sixpence.)

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THE

Bookſellers to the Reader.

THE great Reſort of Nobility and Gentry, from all Parts of the Kingdom, to Scarborough, *of late Years, renders unneceſſary any Apology for publiſhing the following Letters: They were written by a Gentleman, there laſt Seaſon, to his Friend in* London; *and communicated to us with the Conſent of the Gentleman who wrote them.*

The Reader will find, at the end of the Letters, a Liſt of the Company at Scarborough *laſt Summer, taken from the Subſcription Books; but as ſome Names were wrote by the Gentlemen and Ladies* themſelves, *it was impoſſible to pay a proper Regard* throughout *to* Title *and* Diſ-

 tinction;

tinction: *others being ſet down by the Perſons who keep the Books, will, 'tis hop'd, be a ſufficient Excuſe for ſome Miſtakes which may have occurr'd in the ſpelling of* Sur-Names; *and as part of* Dicky's *Subſcription-Book is loſt, this Liſt could not be render'd ſo compleat as might be wiſh'd.*

The Gentleman, who wrote the following Letters excuſes himſelf (*as not being of the Faculty*) *from giving an* Analyſis *of the* Elementary Properties *of the* Scarbrough Spaw-Water, *and of the ſeveral* Minerals, *with which it is impregnated; but as ſuch an Omiſſion would be in a manner inexcuſable in* " A Deſcription of Scarborough, *there is added,* (*by another Hand*) " An Account of the Nature and " Uſe of *Scarbrough Spaw-Water*; in a " ſhort View of the moſt celebrated Wri- " ters on that Subject: Interſperſed with " ſome Obſervations and Remarks."

LET-

LETTER I.

Dear Sir,

Cambridge, June 5th, 1733.

WHEN I parted from you, intending to go to *Scarborough* for the *Spaw* Season, you know I proposed going by Sea: that Way being, at this time of year, vastly pleasant and agreeable, and seldom longer than three or four Days. The Method of agreeing for your Passage is thus; if you go down to *Billingsgate* any Day in the Week, you meet with Masters of Vessels, who come up from *Newcastle*, *Whitby*, *The Passage to Scarborough by Sea.*

Scarborough, *Burlington*, with Coals, *&c.* the proper time of meeting with them is from Twelve till about Two; where you may bargain for your Paſſage, which is about a Guinea, if you diet with the Maſter, and Half a Guinea or Fifteen Shillings for a Servant, and ſend your Goods on board directly to the Ships, which generally lie near the *Tower*, without any farther Trouble. You ſail by *Tilbury-Fort*, *Leigh*, *Harwich*, on the Coaſt of *Eſſex*; *Orford*, *Aldborough*, *Dunwich*, on the Coaſt of *Suffolk*; *Galſton*, *Yarmouth*, *Winterton*, on the Coaſt of *Norfolk*; *Blankney*, *Lincolnſhire*; *Spurn Light-Houſe*, *Burlington*, *Flamborough-Head*, *Fylo*, on the Coaſt of *Yorkſhire*; from whence we preſently reach *Scarborough*.

I had got every thing ready, deſigning to go by Sea, as I firſt propoſed; but meeting with Mr. *S.* and Mr. *H.* they told me they had thoughts of taking a Journey to *Scarborough*, and as they had never been there, they choſe to go by Land. Such an Offer was not to be refuſed; therefore I ſent my

Servant

Servant and Baggage by Sea, and reſolved to join company with them, as I went that way laſt Summer.

The York *Coach.*

We at firſt intended to take Places in the * *York* Coach, from whence there is a Coach goes to *Scarborough*, an eaſy Day's Journey of about thirty Miles; but as we went only on a Party of Pleaſure, reſolved to take our own time, that we might loiter by the way, as we ſaw convenient. This, Sir, afforded me an opportunity, not only of giving you a Deſcription of *Scarborough*, and an Account of the Diverſions of the Place, as I promis'd you; but ſome Obſervations on what ſeem'd moſt remarkable in our Journey thither.

The Cambridge *Coach.*

On the fourth inſtant we ſet out in the *Cambridge* Coach, that being the way we at laſt determin'd to proceed. The Inn was none of the moſt commodious (the common

* *The* York *Coach goes from the* Black Swan *Inn*, Holborn, *and from the* Red Lion *Inn in* Grays-Inn-Lane, Mondays, Wedneſdays, *and* Fridays, *in four Days, at* 40 s. per *Paſſenger*; *the firſt Stage*, Biggleſwade *in* Bedfordſhire; *the ſecond*, Stamford *in* Lincolnſhire; *the third*, Barnby-Moor *in* Yorkſhire; *and the laſt Day you reach* York.

Fault of Caravanſeries) however the Indifference of Lodging creates one Convenience, in that it makes us willing to riſe early.

At *Four* in the Morning our Coachman was preciſe enough to leave one of his Paſſengers behind, rather than diſoblige the reſt of the Company by Delay.

Edmonton, *and* Enfield-Waſhes, Waltham-Croſs, Cheſhunt, Hodſdon, Ware.

We paſs'd through *Edmonton*, and *Enfield-Waſhes*, at which laſt we breakfaſted; from thence by *Waltham-Croſs*, thro' *Cheſhunt* and *Hodſdon* to *Ware*, a great, but dirty Thorough-fair to all the *Northern* Counties, remarkable for its great Bed and the River *Lea:* This has a good Bridge over it at the Entrance of the Town, and is navigable for large Barges, which carry off their Corn, and bring back Coals and other Commodities from the *Thames*, to ſupply this Town and *Hertford*.

The Great Bed here merits not half its Fame, having only given riſe to a fine Alluſion in the *Recruiting-Officer* of its being

being leſs than the Bed of Honour, where Thouſands may lie without touching one another: It is kept at the *Old Crown Inn*, and will hold a dozen People, Heads and Tails: They have a Ceremony at ſhewing it, of drinking a ſmall Cann of Beer, and repeating ſome Health, which I have already forgot.

A ſmall diſtance from *Ware* is the *New-River Head*, with which the River *Lea* is made to communicate, for the better ſupplying of Water to the City of *London*. It runs a Circuit of near forty Miles, ſometimes between Banks, and ſometimes croſs Vales in Frames. We every now and then meet with its Chanel, and particularly for a Mile together, before we reach'd *Ware:* It was the Contrivance of that ingenious Surveyor Sir *Hugh Middleton*, who, like moſt other Projectors, was ruin'd by his Project; it now however amply rewards the preſent Proprietors, and is, in my Judgment, ſuperior to the celebrated Aquæducts of *Spain* or *Italy*. New-River Head.

FROM

Puckeridge, Harestreet, Barkway.

FROM *Ware* we went on to *Puckeridge*, where we dined, and afterwards pass'd thro' *Hare-ſtreet*, *Barkway*, and other pleaſant Villages, which makes the Road almoſt one continued Town.

Barkway *Hills.*

At the Top of *Barkway* Hills, about ten Miles from *Cambridge*, we gain ſight of the aſpiring Towers of that famous Univerſity. *Trumpington* is the laſt Village we paſs'd through, which is about a Mile from *Cambridge*.

Cambridge.

Remarks on the firſt Day's Journey.

TAKE a general Remark or two for a Concluſion of this Day's Journey.

Cambridgeſhire is almoſt all an open Country, with ſcarce a Hedge or a Tree 'till nigh a Town: It ſeems moſt of it to have been Heath or Common, but is very much improved by the late Encloſures.

I ſaw but one Rivulet between this Place and *Puckeridge:* no Argument indeed that there are none, becauſe the Valleys are the proper

proper Courſe for them, and theſe are too far out of ſight; but this may be obſerv'd, that Heaths and Hilly Countries are unfit for the Feed of any thing but Sheep; and for that reaſon we ſaw little Paſture, and few of any other ſort of Cattle.

ABOUT five Miles from *Cambridge* on the right, appear *Gog-Magog* Hills, uſed by Gentlemen for the airing of their Horſes; Stables being built there for that purpoſe: Lord *Godolphin* has a Seat on theſe Hills, for the Conveniency of frequenting the Races, of which his Lordſhip is a conſtant Attendant. Gog-Magog *Hills.*

I propoſe ſtaying a Day or two at *Cambridge*; but as *St. John's* was the Place of your Studies, I ſhall not trouble you with an Account of what you are ſo well acquainted with.

I am, &c.

LET-

LETTER II.

Dear Sir,

Lincoln, June 10th, 1733.

IN my laſt I brought you to *Cambridge*; from thence we ſet out Poſt for *Huntingdon:* the Hire of four Horſes for our ſelves and Guide this twelve Miles, was twelve Shillings, beſides an accuſtomary Groat for his Horn, and a civility Sixpence at the end of the Journey.

St. Ives, Godmanchester. WE left *St. Ives*, a great Market for Cattle, on the right; and rode through *Godmancheſter.*

Huntingdon. *Huntingdon* is the County Town, and ſtands on the River *Owſe*, which has a handſome Stone-Bridge over it here of ſix or ſeven Arches. The River runs through many

many delightful Meads, and is navigable by Barges from *Lynn*, where this joining with the *Cam*, makes one River, and falls into the Sea.

OVER the Bridge is the County Goal, and on the left, juſt on the back of the Houſes, are Bullwarks thrown up, and was formerly a fortified Place, built, as Tradition ſays, by *Edward the Elder*, and demoliſhed by *Henry* II. among other Caſtles, who to his Coſt had experienced them to be Refuges for Rebels. *The County-Goal.*

THE Town is little more than one long, clean, paved, broad Street; in the wideſt part of it ſtands a Market-Houſe, and a Town-Houſe over it, where the Aſſizes, and what relates to the Magiſtracy of the Town is tranſacted. It was formerly famous for its Religious Houſes; Geographers ſay there were here fifteen Churches, now but two; and it is merrily reported by the Inhabitants, that they have *four Church-yards, three Steeples, two Churches, and one Parſon*; which is really fact, *Oliver Cromwell* having

demoliſh'd two of them. That great Man was born here, the Anceſtors of the Family having had great Eſtates *; the Houſe where his Mother lay in of him, is at the lower end of the Town, now rebuilt, except that *very Corner* (old Country Stone-work) which is reſerv'd as a Curioſity, and a Servant Maid (for her own, or her Maſter's Benefit) is allowed to ſhew it to Strangers.

Stilton. THE firſt noted Village from *Huntingdon*, in our way to *Stamford*, is *Stilton*; and that only ſo for its Cheeſe. This Place, though in the High Road to *York*, conſiſts not of above ten Houſes, one half of which are Inns.

ON the Hills, before you enter this Town, and on thoſe again, when you have paſs'd

* Moll *in his Geography* (p. 258.) *ſays, the Anceſtors of this Family were* Welſh, *and came from* Lhan Newydh, *or* New-Church *in* Caermarthenſhire; *for* William ap' Morgan *of* New-Church, *a Privy-Counſellor to* Henry VII. *was the Father of* Morgan Williams, *who marrying the Siſter of* Thomas Cromwell, *Earl of* Eſſex, *had by her Sir* Richard Williams, *who changed his Name to* Cromwell; *he was Father of Sir* Henry Cromwell *of* Hinchingbrook, *in the County of* Huntingdon, *and he of Sir* Oliver *and* Robert Cromwell, *which laſt was the Protector's Father.*

paſs'd it, appears *Wittleſey-Meere*, at five or ſix Miles diſtance, like a little Sea, being about ſix Miles long, and three broad; perhaps the largeſt Lake in *England*, and fulleſt of Fiſh. Wittleſay-Meere.

Wandſworth, about five Miles hence, has a good Stone Bridge over the *Witham*: a ſmall River that comes out of *Lincolnſhire*, and falls into the Sea at *Boſton*. Wandſworth.

THE laſt Remarkable before we enter *Stamford*, are the Heaths, and Poſts ſet up about a Mile for Horſe-racing. On the right of the Heath appears *Burleigh-Houſe*, with Spires like a Cathedral, the Park all wall'd in, and, I am told, is ſeven Miles in circuit: This magnificent Seat was raiſed by that able Miniſter in Queen *Elizabeth*'s time, the great *Cecil* (Anceſtor of the preſent Earls of *Salisbury* and *Exeter*). whoſe eminent Abilities neither Crown nor People will ever forget. The Counteſs Dowager has likewiſe on the left a fine antient Seat and Park. Burleigh Houſe.

Stamford. *Stamford* is a large handſome Town, with paved Streets, a Market-place, a Croſs, and a Stone Bridge over the *Witham*; there are four Churches in it; that before we come over the Bridge, has ſeveral magnificent Monuments of the *Cecil* Family in it. The Gentry of this County and *Northamptonſhire* are very numerous, abounding with more Seats than any County of the ſame Extent in *England*, and reſort hither as one of the politeſt Aſſemblies in theſe Parts. The Town has Gates, and is wall'd; there are alſo ſome Officers and Soldiers to take care of the Ladies Principles: They have a Printing-Houſe here, and a *Mercury* which travels over moſt of the neighbouring Country.

Remarks. I obſerv'd that Horſe-beans are ſown in abundance in theſe Parts. The number of Villages make Encloſures more frequent than in *Cambridgeſhire*, where the Country lies almoſt entirely open.

Coach-

Coachworth, ten Miles of this ſide *Grantham*, is a ſmall Town, on the left of which is the Seat of the Earl of *Gainsborough*; and before this again, we paſs a Mile or two along a *Roman Foſſe* Way. The Graſs, I obſerv'd, in this Country, is in many places cut down, and left to make itſelf, not toſs'd about, but raked together when dry, and carried in; which makes it of a dingey Colour. They feed great Numbers of Cattle, Oxen daily paſſing over from *Yorkſhire* by the *Humber*; as they are brought into that County again from *Scotland*, and being fatten'd, we meet them driving up to *London*, at certain Stages, of about ten Miles a-day. Coachworth. *Remarks.*

We lay one Night at *Stamford*, and the next Day ſet out for *Lincoln*. We dined at *Grantham*, a neat Borough Town; the Market is well provided with Fleſh and Fiſh from *Boſton* by Carriers, has in it a Croſs; but its chief Beauty is the high Spire Steeple of the Church, within two foot as high as that of *Salisbury*. Grantham.

From

Lord Tyrconnel's *Seat.*

FROM *Grantham* we ſoon come into my Lord *Tyrconnel's* Park, the High Road lying thro' it; the Houſe fronts every way, that next the Park ſhews his Gardens, with fine Viſto's and Walks up to the Houſe: The reſt of the Road to *Lincoln* is moſt of it ſmooth, ſoft Heath, abounding with Rabbits; over this you have moſt beautiful Proſpects, which nothing but the Sky bounds.

Ancaſter.

Ancaſter, though a poor Village, gives Title to a Noble Duke, Chief of the ancient Family of the *Berties*, and Hereditary Lord-Chamberlain of *England*. There is a Bowling-Green here, reſorted to from *Grantham* five Miles off.

Obſervations.

I ſhall add a Note or two on this County.

Lincolnſhire, beſides Cattle, is remarkable for large Warrens of two or three Miles circuit, incloſed with Stone Walls, the Materials of moſt of their Buildings from *Huntingdon* to the *Humber*.

As to the *Roman Foſſe* Way I juſt now mentioned, the firſt ſight we had of it in this Journey was nigh *Stamford*; but from *Grantham* it continues ſtill the Road for many Miles, breaking off only now and then in an Angle; Time has alter'd the Way, but we come up with it again in ſeveral Parts of *Lincolnſhire*. The thing itſelf is only Labour, and nothing curious, being the Earth turn'd up above the Level, three foot high, more or leſs, rounding like Gravel Walks, to throw the Wet off, and of breadth to admit of the paſſing and repaſſing of Waggons. This *Foſſe* Way is generally thought to be the Work of the *Roman* Soldiery, who, after the Country was ſubdued, were thus employ'd, to keep them from Idleneſs and Mutiny.——Happy would it be for the Country Wenches, if the preſent Army were employ'd on ſome ſuch Work for the Publick Benefit!

Lincoln, this City lies moſt of it on a Hill, the *Witham* running below it has good Pike and waters a ſmall Part, the reſt having Lincoln.

either

either Rain or Well-Water for common uſe, however this River is navigable for ſmall Keels from *Boſton*. Here are about a dozen Churches, but they are not all made uſe of: This City is ſaid to have been formerly a Staple for Wool, Leather, and Lead, and its Liberties extended twenty Miles in Circumference. The remaining Marks of its Glory are the Cathedral and the Caſtle.

The Cathedral. THE Cathedral is a lofty Pile of Building, being ſeen twenty Miles round, has two Towers at the Weſt End, and a larger in the middle, the Pinnacles of which latter were blown down by a Storm; the whole Outſide, and eſpecially the Porch, has been a coſtly Piece of Work, decorated with Images in Niches, which muſt have look'd extraordinary beautiful and magnificent, tho' now it appears with wrinkled Majeſty. The Length from Eaſt to Weſt about 500 Foot, Breadth of the Body and Side-Iſles 83 Foot, equal to the height of the Vaulting.

The Caſtle. THE Caſtle is a Stone Building of *William the Conqueror's*, in the middle of the Town:

Town: in it is kept the County-Goal for Debtors and Malefactors; a convenient Court-Room for the Aſſizes, and a Chamber over for the Grand Jury. Gentlemen come here ſometimes for the Proſpect, and take a Pipe.

We deſign to-morrow Morning for *Hull*; from whence you may expect a further account of our Progreſs.

I am, &c.

LETTER III.

Dear Sir,

Hull, July 11, 1733.

Spittle. WE ſet out this Morning from *Lincoln,* and having paſs'd over a fine Heath of ten Miles, came to *Spittle:* here is a Chapel and a Court-Houſe, for keeping the Quarter-Seſſions, though a Village of not above ſeven Houſes, of which one is a very good Inn, and being about the half-way Houſe between *Lincoln* and *Barton,* we dined here. You'll think me perhaps an Antiquary for inſerting old Inſcriptions, but theſe being the only things worth any Notice here, I thought I could not, while Dinner was getting ready, employ myſelf better. The latter has over the Door

Door this Sentence, *Fiat Justitia*, and in the Body of it this,

Hæc Domus odit, amat, punit, conservat, honorat,
Nequitiam, Pacem, Crimina, Jura, Bonos.

LEAVING this Village, we have sight of the *Wolds* of *Lincolnshire*, a mountainous Ridge that stretches almost to the *Humber*; we cross'd them about five Miles from hence, having that River all open one way, and the Country, as far as *Lincoln*, behind us, the *Minster* appearing very plain. *Redbourn* and *Hibberstow* are two Villages before, and *Brigg*, a more noted Town after passing them. This last has a good Market, and a little River called *Ankam*, navigable for Barges on the *Humber*, a Conveniency that alters the Materials of Building, the Town consisting mostly of Brick-Houses; they have also here a good Free-School. From hence we went to *Barton*, which is the common Ferry over to *Hull*, at Fourpence *per* Man, and one Shilling for Man and Horse; several large Boats renting the Passage, one or other is always ready

The Wolds *of* Lincolnshire.

Redbourn, Hibberstow, Brigg.

Barton.

and punctual to the Tides; they have a Brigg, as they call it, to drive in and out of the Veſſel: the Paſſage croſs is about five Miles, or an Hour and half, if the Wind and Tide are favourable.

Hull. I ferry'd over from *Barton* to *Kingſton upon Hull*, though the latter Name gene-denominates the Place; the Haven is narrow, and may be ſaid to be the Mouth of the River, as it opens here into the *Humber*; between this and the Bridge at the upper end of the Town over it, 'twill hold upwards of 150 Sail of Veſſels.

THE Town is populous, and well ſeated for Trade; the *Humber* Æſtuary, or Arm of the Sea, by the ſeveral Rivers falling into it, gives them a Communication with all the Northern Counties, and a commodious Importation from Foreign Parts, the Road being good Anchor-Ground. They have abundance of Fiſh; beſides this, the Market ſhews Plenty of Fleſh, Corn, and Grain, and a vaſt Concourſe of People on Market-Days. The Houſes are good and well furniſhed,

niſhed, and the Streets well paved; they have a polite Aſſembly here once a week.

THE Citadel is its beſt Defence, having a double Tier of Guns, a wide Ditch before it, and what is more terrible, a Company of Invalids within. This was once accounted the ſtrongeſt Fortreſs in *England*; but now the Walls are tumbling down, and the Ditches a common Lay-ſtall: why theſe or others, eſpecially Northward, are ſuffered to run to Ruin, is the Alteration of our proper and natural Strength ſince the Union, which doubtleſs is the Fleet; more Forts than what are neceſſary to ſecure the Nation from the Attempts of foreign Enemies, ſeeming an unneceſſary Expence to an Iſland, and would have this Inconvenience, that where Inhabitants are by their way of Buſineſs made independent of the Government, they might, on any dangerous Criſis, ſhew their Diſaffection to a Garriſon, and would be prompted to Rebellion from the Encouragement theſe would give the Country. The Poſt of Governor of the Town and Garriſon is a Place of very conſiderable Profit, and was, on *The Citadel.*

on the late Earl of *Cholmondeley*'s Death, given to Colonel *Montagu*, Brother to Lord *Halifax*, who is daily expected here to take poſſeſſion of his Government.

The Trinity-Houſe.

THE *Trinity-Houſe* was the Gift of a *Greenland* Maſter, and is an Hoſpital for Twenty-eight Widows, who have Fire allowed them, and Two Shillings a-week. The Building is an oblong Square, the middle Space being a Garden; there are two Kitchins at the end, a Chapel makes one of the ſides, over which is a Room for the Maſters and Directors to meet, ornamented with the Pictures of the Founder and other Benefactors.

The Church.

THE Church is very large, built Cathedral-wiſe, the Tower in the middle; there is a handſome Altar-Piece of the laſt Supper in the Choir, and a Library contributed for by the Gentlemen of the Town, and open to Strangers, wherein is a curious Vellum Manuſcript of St. *Auſtin*'s Works, the Gift of Archbiſhop *Sharp*; the Pillars

of

of the Church are remarkably ſmall, conſidering the Weight of the Fabrick they ſuſtain.

THERE is an Exchange for the uſe of the Merchants, and a Cuſtom-Houſe.

THE Town ſends two Members to Parliament, the preſent are Lord * *Mickle-thwaite*, and Mr. *Crowle*, one of the Commiſſioners of the *Victualling-Office*.

I am, &c.

* *Lord* Micklethwaite *is dead ſince the writing of theſe Letters, and Mr.* Maiſter, *an eminent Merchant of this Town, choſe in his Place.*

LET-

LETTER IV.

Dear Sir,

Scarbrough, July 12th, 1733.

Beverley. WE came from *Hull* to *Beverly*, which is as handſome a Town as any in the whole County of *York*, and I believe exceeded by few in *England*; the High-Street is a very long, wide, noble Street, well paved, with Shops well ſtock'd with all ſorts of Goods on each ſide. About the middle of this ſtands the Market-Houſe, which is a very grand Cupola, ſupported by eight ſtone Pillars, with a Statue of Juſtice on the top. They have a good School here, and a very fine Seſſions-Houſe; but what the Town chiefly values itſelf upon, are her two Churches, perhaps the fineſt

private

private Churches in *England*, they are both built Cathedral-wiſe; that which is called the Minſter, is a noble Pile of Building: It ſtands in a ſpacious open, paved, Church-yard, is built after the *Gothick* manner, and has been, within theſe few Years, repaired throughout, and entirely reſtored, from a ruinous Condition, to its antient Splendor and Magnificence, by Subſcriptions, Legacies, *&c.* but chiefly by the Munificence and Generoſity of Sir *Michael Wharton*, who gave 500 *l.* and left 4000 *l.* to be a perpetual Fund to beautify and repair it, the Produce of which being placed in the *South-Sea*, by the Riſe of Stocks and prudent Management of the Truſtees, enabled them to finiſh and compleat the Work. *The* Minſter.

THE Choir is paved with Marble of different Colours; over the Altar is a large magnificent Arch of Wainſcot, with abundance of carved Work about it. The Altar is one intire Piece of white poliſhed Marble: the large Eaſt Window of the Choir is glazed with old painted Glaſs, collected out of the ſeveral Windows about the Church, ingeniouſly put together. The

Skreen between the Choir and the Nave is lately rebuilt of fine Roche Abbey Stone, carv'd after the *Gothick* Architecture. The Body of the Church is paved with the ſame Stone and black Marble; the Galleries and Seats are wainſcotted in a very neat and curious manner; a Reading-Desk and Pulpit of the ſame; the Doors of the Church all new caſed after the *Gothick* Faſhion.

NEAR the Altar on the left hand is an exquiſitely fine Monument of the Earl of *Northumberland* (*Piercy*'s) Lady, likewiſe of Sir *Michael Wharton*'s, and Sir *Charles Hotham*'s Families, (who have for ſeveral Years repreſented this Borough in Parliament) and ſeveral other noble Monuments. At the Entrance of the Choir, on the left hung a Picture of King *Athelſtan*, who gave, and the Biſhop who obtained of him, the Privileges of this Town, with theſe Words underneath (which are literally in their Charter:)

Als fre make I thee
As Hert can wiſh, or Egh can ſee.

THE

THE whole is so grand, that I confess I hardly know its Equal, since it appears not only with the Majesty and Solemnity peculiar to the *Gothick* Architecture, but likewise (being so well repaired) with all the Beauty and Elegance of the Modern, like a new Fabrick built after the old Fashion.

THE present Members of Parliament for this Town, are Sir *Charles Hotham* (who has a noble Mansion-House here) and Mr. *Pelham* of *Brocklesby*.

FROM *Beverley* we went to *Driffield*, a small Market-Town, well provided with Trouts in so great plenty from the River *Hull* that rises and runs by here, that it is a usual Diversion for Gentlemen to come and spend two or three Days here in Angling; on each side of it are large Warrens of Rabbits. From hence, passing thro' *Foxhole* and *Seymour*, we presently reach *Scarbrough*. In my next I shall give you a Description of the Town, and an Account of its Diversions. Driffield. Foxhole, Seymour.

I am, &c.

LETTER V.

Dear Sir,

Scarbrough, July 31, 1733.

Scarbrough. THE Situation of this Place is very Romantick, it bends in the Form of a Crescent to the main Ocean, of which you have an unbounded Prospect from all Parts of the Town, which is built on the Declivity, and almost at the Foot of a lofty Hill, on the top whereof is an ancient *The Castle.* Castle, which is now entirely dismantled; but from the Advantages of its Situation, and the Majesty of its Ruins, has undoubtedly been once the most impregnable Fortress of the Kingdom. The Town is walled and moated round, except where it joins to this Castle, or unbosoms to the Sea. The Castle

Caſtle is of a vaſt Extent, and ſtands towering on a lofty Promontory, which runs far into the Sea *; it overlooks two ſtone Piers, that form a Harbour †, which, tho' very capacious, and one of the moſt commodious of this Kingdom, is yet ſcarce able to hold the Ships belonging to the Place, which are reckoned to be upwards of Three Hundred Sail, employ'd in different Branches of Trade: Thoſe for fiſhing are a conſiderable number, the Coaſt affording Plenty of Herring, Turbut, Ling, Cod-fiſh, Haddock, Fluke, Whiting, Mackrel, and Lobſters, of which they ſend great Numbers to *London* every Seaſon. The Cliffs, upon which this Caſtle ſtands, are of an amazing Height, ſo very high, that

The Harbour.

* *The Caſtle is of great Antiquity, and was built by* William le Groſs, *Earl of* Albemarle *and* Holderneſs; *and falling into Ruins and Decay, was rebuilt and made a Fort, by* Henry *the Second,* Anno 1134.

† *This is the only Place between* Newcaſtle upon Tyne, *and the River* Humber, *capable of receiving, in Diſtreſs of Weather, Ships navigating to and along the Northern Coaſts of this Kingdom, and to and from the Eaſtern Seas: an Act was, thro' the Intereſt of Sir* William Strickland, *Bart. and* William Thompſon, *Eſq; Repreſentatives in Parliament for this Borough, obtained* 5th G. II. *for enlarging and extending the Piers; for which purpoſe Mr.* Wilkins, *an able Ingineer, has, ſince the writing theſe Letters, begun to blow up* Ramſdell-Skerr, *or Rocks, in order to compleat the ſaid Work.*

that it ſerves for a Sea-mark to the Ships that ſail from the Northern Seas, and is generally the firſt Land they diſcover; and tho' it is built on the Summit of ſo ſteep a Declivity, yet within the Walls you find a Plain of ſeveral Acres of Ground, yielding a very rich and fertile Paſturage, with a conſtant Supply of freſh Water: ſo that both Nature and Art combined to render the Place tenable againſt every thing but Civil Rage. It is curious to obſerve the narrow Openings, contrived for the ſhooting of Arrows againſt Aſſailants; the Places for Grates, and other Conveyances for throwing ſcalding Water on the Enemy; with the Draw-Bridges, Watch-Towers, Battlements, and other Devices of Fortification, that are now, as it were, drooping at their Funeral.

The Parterre on the Sands.

THE Receſs of the Sea leaves a beautiful Parterre upon the Sands, of two Miles, the whole as level as a Bowling-Green; and at that time all ſorts of ſprightly Exerciſes and genteel Diverſions go forward there; particularly Horſe-racing, frequent at

the

the Seaſon, either for Plate given by the Town, or by Contribution of the Company. Great Numbers of Coaches and Saddle-Horſes are ſeen ſcouring over the Sands every Morning.

Scarbrough has been noted ſeveral Years, and reſorted to, on account of its SPAW, by the Gentry of the North Parts of *England*; as *Tunbridge* and *Epſom*, or the *Bath* for the Southern: and, for its Serenity of Air, may be called the *Montpelier* of *England:* But of late Years has been frequented by the principal Nobility and Gentry from all Parts of the Kingdom; its Reputation increaſing in proportion as 'tis more known.

THE Spaw iſſues from the bottom of a large Cliff, about a quarter of a Mile South of the Town, from which is a ſteep Deſcent, and then you walk all the way to it over the Sands. The Water, when taken up, is extremely clear and tranſparent, has a very quick and pungent Taſte, and leaves a moſt agreeable Report upon the Palate. The happy *The Spaw.*

py Effects continually wrought by the drinking these Waters, sufficiently evince their Usefulness, which is confirmed by the encreasing Resort of Company hither every Season. As I am not of the Faculty, I shall not attempt an *Analysis* of their *Elementary Properties*, and of the several *Minerals* with which they are impregnated; but shall content myself with this Character of them, *viz.* that they are, in their Nature and Operation, powerfully *Cathartic* and *Diuretic*: but what is very surprizing, that, contrary to the Nature of other *Cathartics*, even at the Time of drinking them, they communicate a sensible Alacrity and Cheerfulness to the Mind, and Strength and Vigour to the Body: they give a due Tone and Elasticity to the Stomach; and make all the other Parts discharge their respective Offices to advantage.

The Nature and Quality of the Waters.

THE Spaw is kept by one *Richard Dickinson*, (called *Dicky*,) who is one of the most deformed Pieces of Mortality I ever saw, and of most uncouth manner of Speech; however, with *Æsop*'s Deformity, he has some

The Character of Dicky.

ſome of his Wit. He rents the Well from the Corporation at a ſmall Rent, and has built two Houſes for the Conveniency of the Company, one for the uſe of the Gentlemen, and the other for the Ladies. The Cuſtom is, as ſoon as you enter the Room, to ſubſcribe your Name in *Dicky*'s Book, and pay Five Shillings; after which, you have the free uſe of his Retirements.

A merry Wag, who was here a few Years ſince, drew the Character of *Dicky* in the following humorous Lines; which are written under his Picture, graved by Mr. *Vertue*; *Character of Dicky.*

Behold the Governor *of* Scarborough Spaw,
The ſtrangeſt Phiz *and* Form *you ever ſaw*;
Yet, when you view the Beauties of his Mind,
In him a ſecond Æsop *you may find.*
Samos *unenvy'd boaſts her* Æsop *gone,*
And France *may glory in her late* Scaron,
While England *has a living* Dickinſon.

ON the Sides of the Picture, the Author, ſpeaking in the Perſon of *Dicky*, has the following,

Dicky's Character of himſelf.

A mighty MONARCH *here I reign,*
And lord it over Land and Main,
Both Sea and Land their Tribute bring,
And both conſpire to prove me KING;
The Sea itſelf does twice a-day,
Advance, and Homage to me pay;
Yet ſome infer, like Sons of Wh--res,
Neptune, *grown jealous of our Pow'rs,*
Turns Me *and* Peggy *out of Doors;*
Becauſe he once, or twice a-year,
Within my Palace dare appear:
Whereas the good old God prepares,
Only to waſh my Hall and Stairs.
Others, who love a modiſh Wh--re,
Or, as they call it, an Amour,
(That ſo their great Examples may
Excuſe their Faults) are apt to ſay,
That I *and* Peggy *oft have done,*
As Lewis Grand *with* Maintenon:
But grant, ſuppoſe that this is true,
I ask, what is it, Sirs, to you?

I rule with Universal Sway,
Whigs, Tories, Jacks *me Tribute pay:*
And when their Taxes I receive,
Lord, how I laugh within my Sleeve;
Nor do I rack my Brain to indite
Forc'd Complements, but say, go sh--te,
Or else I sneer, and cry a Bite.

For you may know, that very morn,
When I, by Fate's Decree was born,
The God of Physick, great Apollo,
Bespoke th' assembled Gods as follow:
" *This wondrous Infant shall not raise,*
" *From Arms, or Politicks, his Praise;*
" *No Crown or Sceptre, no, nor Mace,*
" *His Head, or Hand, shall ever grace;*
" *Yet shall my* Dicky's *Favourite Name*
" *Shine foremost in the List of Fame,*
" *I'll make him* Sov'reign *of the* SPAW,
" *To keep the squirting Tribe in Awe,*
" *The* Loosest *shall obey his Law.*
" *Nor shall he ever want a Wile,*
" *To make Fools laugh, or Ladies smile;*
" *His Face shall be so like a Fool,*
" *His very Looks shall give a Stool;*
" *And lest his Posture should in fact,*
" *A Looseness from the* SPAW *contract,*

" *And it ſhould give him too much Trouble,*
" *His Shape, like* Scarron's, *ſhall be double,*
" *Reſembling much the Letter Z,*
" *But (Wit aſide) not quite ſo bad;*
" *In ſhort, he ſhall not walk upright,*
" *But in a Poſture fit to ſh--te.*

Bathing in the Sea.

IT is the Cuſtom, for not only the Gentlemen, but the Ladies alſo, to bath in the Sea: The Gentlemen go out a little way to Sea in Boats (call'd here *Cobbles*) and jump in naked directly; 'tis uſual for Gentlemen to hire one of theſe Boats, and put out a little a way to Sea a fiſhing. The Ladies have the Conveniency of Gowns and Guides. There are two little Houſes on the Shore, to retire to for Dreſſing in. What Virtues our Phyſicians aſcribe to Cold Baths in general, are much more effectual by the additional Weight of Salt in Sea-Water; an Advantage, which no Spaw in *England* can boaſt of but *Scarbrough!* An ingenious Gentleman, who, by his Sketch of this Place, ſeems very well acquainted with it, tells us of a Friend of his, who ſeeing

the

the Ladies bathing in the Sea, whole Groupes of them at a time, among whom was *Paſtorella* (the Lady of his Affections,) tranſported with ſo unuſual a Sight, broke out into the following Lines *,

D'you think, what ancient Bards ſuppoſe,
That Venus *from the Ocean roſe,*
Before ſhe did aſcend the Skies,
To dwell among the Deities.

Yes ſure: Why not? *ſince here you ſee*
Nymphs full as beautiful as ſhe,
Emerging *daily from the Sea.*

The Nymph that captivates my Love,
Gay PASTORELLA, *there, will prove,*
That her Perfections cannot die:
She in her turn will mount the Sky,
And reign the lovelier Deity.

THE Town is populous (containing, by Computation, about 2000 Families) and well built; the Houſes, for the moſt part, uniform, neat, and commodious. The Streets *The Town deſcribed.*

* *Vide* Univ. Spectat. May, 1732.

Streets alſo are moſt of them very ſpacious; ſo that Coaches paſs and repaſs without any Difficulty or Inconvenience. The Lodgings here are very reaſonable, and well furniſhed, there being here an * Upholſterer from *London*. A Shower of Rain puts no ſtop to the Diverſions of the Place, for you have Chairs from *London*, who ply in the principal Parts of the Town: the High-ſtreet is called the *Newborough*, out of which runs another up to the *Long-Room*, which ſtands towards the end of the Town, on the top of a Cliff, from whence, by a gradual Deſcent, you go down to the Spaw: This is a noble ſpacious Building, ſixty two Foot long, thirty wide, and ſixteen high; the Situation being ſo lofty, commands a Proſpect over the Sea, and you may ſit in the Windows and ſee the Ships ſailing at ſeveral Leagues diſtance. Here are Balls every Evening, when the Room is illuminated like a Court Aſſembly, (and indeed, for the great number of Noble Perſonages preſent, may very juſtly be called ſo:) Gentlemen

Hackney Chairs.

The Long-Room.

* *Mr.* John Fiddes *of* Taviſtock-Street, Covent-Garden; *who alſo ſells the* Scarbrough *Waters in* London.

tlemen (only) pay for Dancing one Shilling each; on one ſide of the Room is a Muſick-Gallery, and at the lower end are kept a Pharô Bank, a Hazard-Table and Fair Chance; and in the ſide Rooms, Tables for ſuch of the Company, as are inclined to play at Cards: below Stairs you have Billiard Tables. It is kept by Mr. *Vipont*, Maſter of the *Long-Room* at *Hampſtead*. There is no Ordinary here, but Gentlemen may have any thing dreſs'd in the moſt elegant manner, the Houſe being provided with Cooks from *London*. Every thing is conducted in the politeſt manner by *Vipont*, who is a perfect Maſter of his Buſineſs. Gentlemen and Ladies ſubſcribe here likewiſe five Shillings.

THERE are ſeveral Ordinaries in the Town, the principal of which, are the *New Inn*, the *New Globe*, the *Blackſmith's Arms*, the *Crown and Scepter*, and the *Old Globe*. *The Ordinaries.*

THE Company dine commonly about two, and have ten or a dozen Diſhes, one of which

which is generally Rabbits, which you have here in the utmoſt Perfection; their Mutton is, I think, at leaſt equal to *Banſtead Downs*, and the nearneſs of this Town to the Sea ſupplies them with Plenty of the fineſt Fiſh at very reaſonable Rates; and for Poultry, they have here a Poulterer, who finds it worth his while coming from *London* every Summer. It is uſual to drink a Glaſs of Spaw-Water mix'd with your Wine at Dinner. Perſons of all Ranks, Gentlemen and Ladies together, ſit down without Diſtinction, each paying their Club, which is one Shilling; after which, they collect round the Company for Wine, *&c.* (called the Extraordinary) which is generally about one Shilling more. This laſt formerly uſed to be paid by the Gentlemen only; but that complaiſant Cuſtom is now laid aſide, and the Ladies are brought in to pay an equal ſhare of the whole Reckoning. This Method of Ordinaries is vaſtly commodious for Strangers, and affords an opportunity of being acquainted with the Company.

In the Afternoon are Plays acted, to which moſt of the Gentry in Town reſort; *Kerregan* is now here with his Company, and (allowing for Scenes and Decorations) they perform ſeveral Plays very well. After the Play is over, it is cuſtomary to go to the *Long-Room* again, where they dance or play till about nine, and then ſup in Company again. *Plays acted.*

In the *Long-Room Street* is the *Book-ſellers Shop, where Gentlemen and Ladies ſubſcribe five Shillings, for which they have the uſe of any Books during the Seaſon, and take them home to their Lodgings. Here are alſo Raffles for Books; if the Perſons who win, do not like their Books, they have the Choice of any others of the ſame Value. They likewiſe take in all the News-Papers. The *Poſt-Houſe* being ſituate on the Sea Shore, a conſiderable Diſtance from the *Long-Room Street*, and the *Bookſellers Shop.*

* *Kept by* C. Ward *and* R. Chandler, *Bookſellers, at the Ship between the* Temple-Gates *in* Fleet-ſtreet.

the Polite Parts of the Town; at the Book-sellers Shop they take in such Gentlemen's Letters from the *Post-House*, as give Orders for it, and send them to their Lodgings; and have a Box to receive Letters, and send them down to the *Post-House*: Before this, they were often delay'd, on account of the Difficulty of finding Gentlemen's Lodgings: there is a farther Service in this Method, that if a Letter, by any Accident is delay'd, and you happen to quit the Town before it reaches you, it is sent back, by leaving a Direction to your House in *London*. I had a Bank Note of 20 *l.* remitted me in a Letter, which, by this means, was brought to my House in *Red-Lyon Square*, by Mr. *Chandler*. This Street is lately paved with broad Stones, and set with Posts, and may be called the *Pall-Mall* of *Scarbrough*: It was done at the Instance, and by the Encouragement of Mr. *Robinson* of *Lincolns-Inn*, Recorder of the Corporation, who set on foot a Subscription for that purpose, and is unwearied in his Endeavours for the Service of the Town.

IN the *High Street*, over againſt the *Long-Room Street*, is the Coffee-Houſe, to which Gentlemen ſubſcribe Half a Crown, and have the Uſe of Pen, Ink and Paper for the Seaſon. *The Coffee-Houſe.*

WE have here but one Church, and therefore, in *Spaw* Time, diſproportioned to the Congregation: there is indeed a *Presbyterian* and a *Quakers* Meeting; but then I look upon it as unpolite, to deviate from the Eſtabliſh'd Church, as it would be indolent to live a whole Year at *Scarbrough* without going to the *Spaw*. The Church is ſituate on the Top of an exceeding high Hill, and of conſequence difficult to get up to; this may perhaps be the Reaſon of my ſeeing one *Sunday* Afternoon ſeveral Stars and Garters at the *Quakers* Meeting-Houſe, which is eaſier of Acceſs. *The Church, a Presbyterian and Quakers Meeting.*

Dr. *Shaw* (a Gentleman, by his Writings, well known in the Learned World) is this Seaſon come down to ſettle here, and a few Days ſince begun to read Chemical

Lectures, having a Laboratory fitted up for that Purpoſe, at the Houſe of Mr. *Cockerill*, an eminent Apothecary of this Place. Theſe were ſet on foot by a Subſcription of two Guineas (each Subſcriber) for the Courſe. I am informed, the Doctor deſigns to oblige the Publick, by printing theſe Lectures next Winter.

GENTLEMEN appear in all Places naked (*i. e.* without their Swords) not through an Apprehenſion of Danger from the intoxicating Nature of the *Spaw* Water, but from a polite Declaration, that in Places of Publick Reſort, all Diſtinctions ought to be loſt in a general Complaiſance.

Government of the Town.

THE Civil Government of this Town is veſted in two Bailiffs, two Coroners, four Chamberlains, and thirty-ſix Burgeſſes, conſiſting of three Benches, annually choſen: This collective Body conſtitutes the Common-Council, who elect the Members of Parliament. The preſent are, Sir *William Strickland* and Mr. *Thompſon* of *Eberſton*.

I once had Thoughts of ſending you ſome little Deſcription of the Noblemen's and Gentlemen's Seats in this Neighbourhood, many of which are ſo grand and magnificent, and on every account worthy of a Traveller's Curioſity, that it would be inexcuſable to go to *Scarbrough* without ſeeing them: but as my Stay here will be but ſhort, I muſt defer it till next Summer.

I am, &c.

F I N I S.

☞ In the following List, which is taken from the Subscription-Books, some Names being wrote by the Gentlemen and Ladies *themselves*, it was impossible to pay a proper Regard *throughout* to *Title* and *Distinction*; and the others being set down by the Persons who keep the Books, will, it is presumed, be a sufficient Apology for Mistakes, which may occur in the spelling of *Sur-Names*.

N.B. Part of *Dicky*'s Subscription-Book being lost, this List could not be rendered so compleat as might be wish'd.

A

LIST

OF THE

Nobility, Quality, and Gentry,

AT

SCARBROUGH,

During the SPAW Season,
in the Year 1733.

Taken from the Subscription-Books at
The SPAW, and the LONG-ROOM,
The BOOKSELLERS SHOP, and the
COFFEE-HOUSE.

LONDON:

Sold by CÆSAR WARD, and RICHARD CHANDLER,
at the Ship next *Richard's Coffee-House, Temple-Bar*;
And at their Shop at SCARBROUGH.

M.DCC.XXXIV.

THE

GENTLEMEN'S

Subscription-Book.

A

HIS Grace the D. of *Argyle.*
Edward Arton.
D. Armstrong.
George Allan.
John Atherton.
Thomas Archer, Esq;
James Agnew.
Sir *John Anstruther,* Bart.
C. Anderson.
Geo. Anderson.
F. Anderson.
Tho. Archdale.
John Audley.
Sir *Francis Anderton,* Bart.
Marmaduke Alington, Esq;
Ed. Acton.
Mr. *Akenhead.*
Ed. Aynoghe.
Fra. Ashton.
Sir *Rowland Alston,* Bart.
Robert Allen.
J. Ashurst.
John Aldam.

R.

R. Arkſom.
Hen. Arthorp.
Rt. Hon. the Earl of *Angleſea.*
Rev. Dr. *Anneſley.*
Ed. Ayſcough.
Mr. *Adams.*

B

Sir *John Bland*, Bart.
Edward Bunting.
John Bates.
G. Barton.
Rev. Mr. *Pope Blount.*
Mr. *Bryer.*
Mr. *Broome.*
Sir *Fra. Boynton*, Bar.
Mr. *Boynton.*
Mr. *Bradſhaw.*
Dr. *Byrom.*
Tho. Batſon.
Mr. *Boynton.*
Joſ. Bright.
Peter Bold, Eſq;
John Byde, Eſq;
Thomas Bootle, Eſq;
Gab. Browne.
Capt. *Bootle.*
Mr. *Burgh.*
S. Butterwick.

Hon. *Alexander Bradie*, Eſq;
M. Bootle.
John Barrington, Eſq
Silveſter Boulton.
G. Burriſh.
Joſeph Brooke, Eſq;
Mr. *Baynes.*
Joſeph Banks, Eſq;
Sam. Buck.
William Buck.
Edw. Barker.
Richard Burdon.
William Briggs.
William Boteler.
William Blackett.
James Barnard.
Dr. *Brathwaite.*
Mr. *Blanchard.*
Mr. *Bethel.*
Robert Branfoule.
Chriſtoph. Baimbrigg.
Col. *Brathwaite.*
William Bowes.
Jonath. Birch.
Tho. Birch.
Sam. Birch.
John Breckall.
G. Barnard.
R. Booth.
John Bringh.

James

James Burnell.
H. Brook.
Henry Browne.
Tho. Bennet.
J. Bradley.
J. Barnard.
Samuel Bracebridge.
J. Burdon.

C

Rt. Hon. the Earl of *Chesterfield.*
Rt. Hon. Lord *Coleraine.*
Richard Crowle, Esq;
Robert Cay, Esq;
Mr. *Cooke.*
Rt. Hon. the Earl of *Cholmondeley.*
Col. *Cholmondeley.*
Ja. Cockeril.
Mr. *Constable.*
John Cole.
Thomas Cooper.
R. Chandler.
Right Hon. the Lord *Carmichael.*
Hon. *J. Carmichael*, Esq;
George Clarges, Esq;
George Croxton.
John Colquet.
J. Clarkson.
William Cooper.
Bert. Crasster.
Evan Cameren.
St. John Charlton, Esq;
R. Copley.
George Crowle, Esq;
Tho. Chaplin.
Hon. Sir *Robert Clifton.*
Tho. Charlton.
Colley Cibber.
Fran. Coghlan.
Mr. *Coppinger.*
John Crasster.
Sir *Geor. Cayley*, Bar.
Ra. Conselle.
Nath. Clarridge.
Tho. Corringham.
E. Chapman.
Tho. Cleeworth.
Bryan Cooke, Esq;
Rt. Hon. the Earl of *Carlisle.*
Tho. Colebourne.
Sam. Clark.
James Copley.
Den. Couling.
John Cornwall.

William Clarke.
Thomas Collins.
Sir *Tho. Clarges*, Bar.
Mr. *Colingwood.*
Tho. Coke.
John Cooper.
Mr. *Cowper.*
John Cholmondeley.
J. Curtois.
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AN ACCOUNT OF THE NATURE and USE OF THE SCARBROUGH SPAW-Water:

IN

A Short View of the moſt celebrated Writers on that Subject.

Interſpers'd with ſome OBSERVATIONS and REMARKS.

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AN

Account of the SCARBROUGH *Spaw-Water.*

DR. *Witty* wrote in the Year 1660, when Saints were become unfashionable, and consequently no regard paid to the superstitious Registers of *St. Mungo's*, *St. Robert's*, and other Wells and Waters of this Country, that were much resorted to in former times: He says, this *Spaw* of *Scarbrough* was discover'd about 1620, by one Mrs. *Farrow*, an Inhabitant of this Town, who sometimes walking along the Sea-Sands, as yielding a most delightful Prospect, observ'd the *russet* Tincture in the Chanels of it: whereupon she had the Curiosity to taste, and finding this Water uncommon from that of other Springs, tried

tried it with *Galls*, which gave it a *purple Colour*. The quick and easy Passage of these Waters both by *Stool* and *Urine*, and the good Effect of them to herself and others she had recommended their Use to, quickly spread their Fame to *York*, *Hull*, and the neighbouring Counties; whence, by the Physician's Advice and Judgment, in using them, they have extended their Reputation all over the Kingdom.

THE Doctor says, and maintains it from *chemical Experiments*, that these Waters partake of *Iron*, *Vitriol*, *Alum*, *Nitre* and *Sea-Salt*.

THE *Vitriol* he supposes to bear a Proportion of *five* Grains to a Gallon of the Water. Now as *that* and *Nitre* are the two Ingredients for making *Aqua Fortis*, it seem'd a dangerous Combination, tho' in so small a proportion; and gave occasion, together with an Emulation for Business, (the more likely Reason of the two) to other Gentlemen of the Faculty to oppose those Principles.

Dr.

Dr. *Sympſon* ſtands foremoſt, and ſays theſe Waters are only impregnated with an *Aluminous Salt*, or an *Eſurine*, (*i. e.* an *Irony Salt* of *Allum*) in proportion to the Water as 1 to 128; but allows in it as noble medicinal Virtues as any other mineral ſpecificated Salt.

To reconcile this, ſince both preſcribe them for much the ſame Diſtempers, we muſt place the Fault in the manner of Trial to find theſe principles. A Chemical way of *Analyſing by Fire*, I take to be ſubject to great Fallacy, and forces a reſemblance to Subſtances that, *in Principiis ſolutis*, they have no Affinity with; Fire makes great Alterations in moſt, they are not the ſame they went in; Medicines, or things *ſeparately innocent*, may by Fire be combined into *Poiſons**; and others *Poiſonous*, by *repeated Sublimations*, be made *Medicinal* and *Inoffenſive*. The *Vitriol* therefore of one, and *eſurine* Salt of the other, means the ſame thing, and is not only *harmleſs*,

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* V. *Dr.* Mead's *Eſſay on Poiſons.*

but *medicinal* in its natural State; the *Ochre* and *Iron-ſtone*, that yield this *Vitriol*, and impregnate the Waters, are in great plenty all over the Northern Counties, and thus combined, the Doctor gives their Effect in this apt Similitude; That Steel is like good Metal without an Edge; Vitriol like an Edge without Metal; and both together make a good Blade.

So much may ſuffice for the *Iron* and *Vitriol* properly but one Principle here; the *Marine Salt* and *Nitre* is the fixed Part or Sediment found after boiling the Waters: That Portion which diſſolves, filtres, and cryſtallizes, is *Salt Marine*, becauſe its *Cryſtals* have a *Cubic* figure, ferment with Acids, and crackle on a hot Iron; the other turning *Purple*, with Solution of *Silver*; *red*, with Tincture of *Log-wood*; *Green*, with that of *Galls*; and *Cryſtallizing nitrous* (*i. e.* like Icicles) is *Nitre*.

. . . Beſides the aforegoing, there is granted *a briſk Mineral Spirit* in theſe Waters, in which it is thought their chief Efficacy conſiſts, and ſeems warranted from their ſitting much

much eaſier and lighter on the Stomach taken at the Spring-Head; from their ſparkling in a Glaſs, and even intoxicating *.

THAT this Spirit is extreamly *Volatile*, (perhaps the included Air impregnated with Mineral in the Bubbles it aſcends with) and which no Bottles, Corks, or Cement can confine long, may be of caution to thoſe deſigning a Courſe, *viz.* That the *beſt Effect* is at the *Fountain Head*, Carriage and Long keeping deſpoiling them, like other Liquors, in ſome meaſure of their Spirits, in proportion to the eaſineſs of Diſſipation, as they are weak or ſtrong. For this Reaſon Dr. *Witty* ſays, he ſeldom or never made any Cures with them at a diſtance, but on the Spot, preſcribes them as a great *Deobſtructive*, the Mineral directing them by *Stool* or *Urine*; and therefore good in all Hardneſs and Tumor of the Bowels, a diminiſh'd *Menſes*, Sterility, Gravel and Stone; the latter he places on account of its *Nitre*, for which, in thirty Yeats Attendance here,

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* *See Dr.* Short's *Eſſay on Mineral Waters*, p. 11. *in the Preface, and* p. 170.

he had known a hundred Cures; but never one Perſon that contracted that Diſtemper by the uſe of it, (*i. e.* no Water-Drinkers will ever have it.) That it is good in *Hyppo's*, Hyſtericks, *Vertigo*, Palſies, Cramp, Convulſions, and nervous Diſorders: in Strangury, Diſury, Worms, Heartburn, Inappetency, beginning Dropſies, Corpulency, Jaundice, Gout, cold Sweats, and particularly *Catarrhs*, in which it gives the Defluxion another turn: In Rheumatick, and other ſharp Pains, Scurvys, Aſthma's; and with Aſſes Milk is a *Specifick* in *Hectick*s. As a cooling eaſy Purge, it is preferable to all other Mineral Waters in *England*.

The Age, the Conſtitution, and Nature of the Diſtemper in Patients muſt require Alterations in the Meaſure, the Manner, Seaſon and Continuance of Drinking, Circumſtances where Men are ſeeking their Health, that come under the Direction of a Phyſician; but to give ſome general View of this Point, I ſhall lay down Dr. *Witty*'s Method

Method herein as moſt judicious, agreeably to what I obſerved before.

He preſcribes them as beſt in Summer, (from the beginning of *May* to the end of *September*) to reſt two or three Days after Travel, and begin with a Preparation of Purging, or more properly laxative Medicines, to drink in ſmall Portions (at firſt two or three half-pint Glaſſes) and to come on leiſurely to four or five Pints, chewing candied Ginger, Orange-Peel, or other like Corrective. If the Quantity drank induces *Nauſea's*, cauſes undue Digeſtion or Evacuation, which will, at ſome times, and to ſome Conſtitutions, follow from any Mineral Water whatever, they are Indications of Irregularity and Exceſs; and in ſuch caſe, Dr. *Witty* thinks it proper to intermit, and give a purging Clyſter, or mild Cathartic Draught from *Manna*, *Caſſia*, or *Rhubarb*.

The proper Time of drinking the Waters is between ſix and eleven in the Morning, uſing ſuch moderate Exerciſe as leaſt affects the Breath, to abſtain from Salt Meats of all kinds

kinds, Onions, pungent Sallads and Sauces, and every thing that is of slow, hard, or gross Digestion.

PHYSICIANS commonly recommend, in respect to Trade, a Glass of Wine with Spaw Water at Meals, tho' perhaps a small Ale brew'd of it might answer as good an end.

THUS much may at present suffice for an Account of the Nature, Method, Use, and Effects, of the *Scarbrough Spaw-Water*, as the World will be shortly obliged with a Treatise on that Subject from the accurate Pen of the learned Dr. *Shaw*, the residentiary Physician of that Place.

FINIS.

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THE Two following *Testimonials* have been transmitted to the said *John Fiddes*, the one signed by *Culmer Cockeril*, Esq; Senior Bailiff of *Scarbrough*, and by Dr. *Shaw*, Physician of that Place; and the other by Mr. *Alexander Hay*, Merchant of *Spa*.

Scarbrough, Dec. 4, 1733.

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Culmer Cockeril,
Peter Shaw.

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